Licensed to Potomac Valley Assoc. USATF Champ. Meet
HY-TEK's Meet Manager 1/9/2010 05:40 PM
Father Diamond 2010 - 1/9/2010
George Mason University
Results

Event 1 Women Long Jump

		Name	Year	School	Finals
Finals					
1	382	Lewis, Yvette		Unattached	6.20m
2	321	Kirby, Wanetta		Norfolk State	5.73m
3	323	Matthews, Ashantia		Norfolk State	5.61m
4	376	Hendricks, Ryann		Unattached	5.60m
5	319	Jenkins, Tanisha		Norfolk State	5.46m
6	372	Bell, Champagne		Unattached	5.43m
7	327	Rhoades, Elaine		Norfolk State	5.29m
8	9	Henderson, Angeliq		Bowie State	5.15m
9	129	Wernik, Sarah		Georgetown	5.03m
10	19	Robinson, Nicole		Bowie State	4.81m
11	10	Hunt, Lauren		Bowie State	4.59m
12	6	Davis, Myriah		Bowie State	4.04m

Event 2 Men Weight Throw

		Name	Year	School	Finals
1	294	Benjamin, Tyron		Morgan State	15.68m
2	268	Geller, Matt		Mary Washington	14.36m
3	90	Holmberg, Brandon		George Mason	14.03m
4	339	Craig, Jamal		Norfolk State	13.29m
5	83	Foley, Michael		George Mason	12.20m
6	354	Richardson, Kendri		Norfolk State	11.92m
7	76	Berry, Philip		George Mason	11.83m
8	301	McClain, Mikel		Morgan State	10.67m
--	94	Murphy, Matt		George Mason	FOUL

Event 3 Women Pole Vault

		Name	Year	School	Finals
1	379	Kasuba, Nicole		Unattached	3.75m
2	57	Marshall, Mandissa		George Mason	3.60m
3	378	Jeremiah, Emily		Unattached	3.45m

3	52	Hinz, Kelsey	George Mason	3.45m
5	65	Pandolph, Stephani	George Mason	3.15m
5	59	McGlade, Colleen	George Mason	3.15m
7	335	Wright, Katie	Norfolk State	3.00m
8	67	Shoemaker, Rebecca	George Mason	2.85m
9	264	LeHew, Chelsea	Mary Washington	2.70m
--	329	Sanders, Andrea	Norfolk State	NH
--	332	Shoates, Candace	Norfolk State	NH
--	374	Garrott, Jen	Unattached	NH
--	320	Joseph, Ashleigh	Norfolk State	NH

Event 4 Men High Jump

		Name	Year	School	Finals
1	29	Johnson, Aaron		Bowie State	2.11m
2	389	Johnson, Sean		Unattached	2.00m
3	108	Wellington, David		George Mason	1.95m
3	199	Dixon, Damon		Hampton	1.95m
3	89	Hegel, Kevin		George Mason	1.95m
3	252	Rosa, Benjamin		Howard	1.95m
3	208	Veale, Lamar		Hampton	1.95m
8	355	Shelton, Darris		Norfolk State	1.90m
8	24	Bailey, William		Bowie State	1.90m
8	347	James, John		Norfolk State	1.90m
11	30	Kiser, Anthony		Bowie State	1.80m

Event 5 Women Weight Throw

		Name	Year	School	Finals
1	284	Randall, Allison		Morgan State	16.74m
2	315	Gray, Kaleena		Norfolk State	14.53m
3	44	Bailey, Jennifer		George Mason	14.25m
4	316	Harris, Tiphani		Norfolk State	11.48m
5	51	Hawkins, Sha'Air		George Mason	10.67m
6	334	Walton, Jasmine		Norfolk State	9.31m

Event 6 Men Pole Vault

		Name	Year	School	Finals
1	393	Brinkley, Kevin		VCU	4.82m
2	340	Dodd, Brett		Norfolk State	4.40m
3	105	Trikakis, Josh		George Mason	4.25m
4	81	Dietrick, Patrick		George Mason	4.10m

--	103	Sisak, Zak	George Mason	NH
--	97	Oxenford, Lee	George Mason	NH
--	23	Alcidor, Joffrey	Bowie State	NH
--	352	Owens, Ryan	Norfolk State	NH
--	392	Zimmer, Doug	Unattached	NH

Event 7 Women High Jump

		Name	Year	School	Finals
1	384	Nelson, Lela		Unattached	1.75m
2	382	Lewis, Yvette		Unattached	1.70m
3	325	Mitchell, She'Anna		Norfolk State	1.65m
4	319	Jenkins, Tanisha		Norfolk State	1.60m
4	309	Artis, Jonee		Norfolk State	1.60m
6	394	McConville, Megan		George Mason	1.50m
7	259	Campbell, Rebecca		Mary Washington	1.45m
7	261	Dettmann, Bridget		Mary Washington	1.45m
--	397	Waller, Monnae		Morgan State	NH
--	20	Rowles, Christina		Bowie State	NH

Event 8 Men Long Jump

		Name	Year	School	Finals
1	367	Wallace, Anthony		Skeeter Jackson	7.38m
2	209	Walker, Predist		Hampton	7.06m
3	199	Dixon, Damon		Hampton	7.02m
4	389	Johnson, Sean		Unattached	6.59m
5	371	Williams, Artaviou		Unat-Bowie State	6.54m
6	36	Richards, Devin		Bowie State	6.51m
7	24	Bailey, William		Bowie State	6.44m
8	164	edwards, joe		Hagerstown CC	6.20m
9	30	Kiser, Anthony		Bowie State	6.19m
10	75	Baker-Johnson, Tra		George Mason	6.13m
11	108	Wellington, David		George Mason	6.08m
12	160	anderson, ian		Hagerstown CC	6.05m
13	275	Saint-Preux, Natha		Mary Washington	6.02m
14	271	Lilly, John		Mary Washington	5.98m
15	304	Redfearn, Wesley		Morgan State	5.81m

Event 9 Women Triple Jump

		Name	Year	School	Finals
1	366	Alexander, Ayanna		Skeeter Jackson	13.52m

2	376	Hendricks, Ryann	Unattached	13.09m
3	219	Horton, Dontranika	Howard	11.47m
4	319	Jenkins, Tanisha	Norfolk State	11.46m
5	317	Hite, Alaina	Norfolk State	11.09m
6	73	Woodard-Stephens,	George Mason	11.03m
7	9	Henderson, Angeliq	Bowie State	10.63m
--	12	Milbourne, Brianna	Bowie State	FOUL
--	312	Drummer, Danielle	Norfolk State	FOUL

Event 10 Men Shot Put

		Name	Year	School	Finals
1	387	Clickett, Justin		Unattached	18.85m
2	294	Benjamin, Tyron		Morgan State	17.38m
3	358	Spellman, Ernest		Norfolk State	14.37m
4	268	Geller, Matt		Mary Washington	13.82m
5	369	Glover, Shannon		Unat-Bowie State	13.66m
6	170	toms, kyle		Hagerstown CC	13.21m
7	90	Holmberg, Brandon		George Mason	13.07m
8	339	Craig, Jamal		Norfolk State	12.38m
9	301	McClain, Mikel		Morgan State	11.35m

Event 11 Women Shot Put

		Name	Year	School	Finals
1	284	Randall, Allison		Morgan State	13.26m
2	111	Barrow, Tanore		Georgetown	12.54m
3	3	Campbell, Kayla		Bowie State	12.24m
4	190	Watkins, Jocelyn		Hampton	12.22m
5	4	Carney, Lakeshia		Bowie State	12.11m
6	128	Watkins, Porter		Georgetown	11.79m
7	384	Nelson, Lela		Unattached	11.54m
8	315	Gray, Kaleena		Norfolk State	11.50m
9	183	McGregor, Kristal		Hampton	11.42m
10	16	Peat, Brandy		Bowie State	11.16m
11	334	Walton, Jasmine		Norfolk State	10.40m
12	290	Wade, Rachelle		Morgan State	9.12m

Event 12 Men Triple Jump

		Name	Year	School	Finals
1	399	Halim, Muhammad		Unattached	15.68m
2	355	Shelton, Darris		Norfolk State	15.08m

3	371	Williams, Artaviou	Unat-Bowie State	14.47m
4	209	Walker, Predist	Hampton	14.43m
5	389	Johnson, Sean	Unattached	14.22m
6	131	Akinmolaoudin, Ayo	Georgetown	13.58m
7	252	Rosa, Benjamin	Howard	13.21m
8	36	Richards, Devin	Bowie State	13.20m
9	164	edwards, joe	Hagerstown CC	12.81m
10	205	Ramsey, Stephen	Hampton	12.77m
11	271	Lilly, John	Mary Washington	12.64m
12	24	Bailey, William	Bowie State	11.37m

Event 13 Women 4x800 Meter Relay

	School	Finals
1	Hampton 'B'	9:26.68
2	Hampton 'A'	9:29.19
3	George Mason 'B'	10:02.01
4	George Mason 'A'	10:06.73

Event 14 Men 4x800 Meter Relay

	School	Finals
1	George Mason 'C'	7:45.10
2	Hampton 'A'	7:48.95
3	George Mason 'D'	7:57.48
4	George Mason 'A'	8:00.20
5	George Mason 'B'	8:07.35

Event 15 Women 60 Meter Hurdles

		Name	Year	School	Prelims	H#
Preliminaries						
1	383	Moss, Shantia		Unattached	8.27q	2
2	382	Lewis, Yvette		Unattached	8.35q	1
3	213	Buckley, Landria		Howard	8.65q	4
4	43	Idlette, Lavonne		Dominican Republ	8.66q	3
5	71	Wheaton, Taylor		George Mason	8.78q	3
6	118	Kamate, Nene		Georgetown	8.90q	4
7	113	Finley, London		Georgetown	8.92q	1
7	323	Matthews, Ashantia		Norfolk State	8.92q	4
9	321	Kirby, Wanetta		Norfolk State	8.98q	2
10	19	Robinson, Nicole		Bowie State	9.19q	2
11	9	Henderson, Angeliq		Bowie State	9.34q	1

12	125	Touchstone, Autumn	Georgetown	9.38q	2
13	10	Hunt, Lauren	Bowie State	9.39	3
14	317	Hite, Alaina	Norfolk State	9.40	1
15	225	Myrick, Keisha	Howard	9.42	4
16	222	Lemonious, Alexand	Howard	9.50	1
17	288	Smalls, Kamice	Morgan State	9.63	4
18	126	Tyson, Sierah	Georgetown	10.04	3
19	276	Campbell, Lauren	Morgan State	10.62	3
20	12	Milbourne, Brianna	Bowie State	11.94	1

Event 15 Women 60 Meter Hurdles

	Name	Year	School	Finals	H#
Finals					
1	382	Lewis, Yvette	Unattached	8.17	1
2	383	Moss, Shantia	Unattached	8.26	1
3	213	Buckley, Landria	Howard	8.47	1
4	43	Idlette, Lavonne	Dominican Republ	8.62	1
5	118	Kamate, Nene	Georgetown	8.78	1
6	71	Wheaton, Taylor	George Mason	8.87	1
7	321	Kirby, Wanetta	Norfolk State	8.88	2
8	113	Finley, London	Georgetown	8.98	2
9	323	Matthews, Ashantia	Norfolk State	9.09	2
10	9	Henderson, Angeliq	Bowie State	9.34	2
11	125	Touchstone, Autumn	Georgetown	9.36	2
12	19	Robinson, Nicole	Bowie State	9.46	2
Preliminaries					
13	10	Hunt, Lauren	Bowie State		
14	317	Hite, Alaina	Norfolk State		
15	225	Myrick, Keisha	Howard		
16	222	Lemonious, Alexand	Howard		
17	288	Smalls, Kamice	Morgan State		
18	126	Tyson, Sierah	Georgetown		
19	276	Campbell, Lauren	Morgan State		
20	12	Milbourne, Brianna	Bowie State		

Event 16 Men 60 Meter Hurdles

	Name	Year	School	Prelims	H#
1	350	Massenburg, Aramis	Norfolk State	8.18q	2
2	148	Okengwu, Biyerem	Georgetown	8.26q	1
3	199	Dixon, Damon	Hampton	8.28q	1
4	362	Wilson, Travis	Norfolk State	8.29q	2
5	86	Handy, LaVell	George Mason	8.30q	3

6	208	Veale, Lamar	Hampton	8.51q	2
7	256	Tirado, Carnegie	Howard	8.56q	1
8	241	Harrison, Marcus	Howard	8.57q	1
9	355	Shelton, Darris	Norfolk State	8.60q	3
10	205	Ramsey, Stephen	Hampton	8.61q	3
11	242	Henderson, DeAndre	Howard	8.79q	3
12	396	Taylor, Bennett	Hampton	8.82q	2
13	96	Osorio, Gustavo	George Mason	9.35	1
14	108	Wellington, David	George Mason	10.39	1

Event 16 Men 60 Meter Hurdles

	Name	Year	School	Finals	H#
Finals					
1	350	Massenburg, Aramis	Norfolk State	8.07	1
2	148	Okengwu, Biyerem	Georgetown	8.08	1
3	86	Handy, LaVell	George Mason	8.14	1
4	362	Wilson, Travis	Norfolk State	8.22	1
5	199	Dixon, Damon	Hampton	8.27	1
6	355	Shelton, Darris	Norfolk State	8.49	2
7	241	Harrison, Marcus	Howard	8.51	2
8	205	Ramsey, Stephen	Hampton	8.55	2
9	256	Tirado, Carnegie	Howard	8.59	2
10	208	Veale, Lamar	Hampton	8.60	1
11	242	Henderson, DeAndre	Howard	8.62	2
12	396	Taylor, Bennett	Hampton	8.67	2
Preliminaries					
13	96	Osorio, Gustavo	George Mason		
14	108	Wellington, David	George Mason		

Event 17 Women 60 Meter Dash

	Name	Year	School	Prelims	H#
1	182	McCorory, Francena	Hampton	7.57q	2
2	185	Richards, Petrice	Hampton	7.62q	2
3	119	Kimbers, Amanda	Georgetown	7.68q	4
4	124	Stoudenmire, Tenil	Georgetown	7.75q	3
5	58	McGee, Cierra	George Mason	7.78q	4
6	129	Wernik, Sarah	Georgetown	7.83q	2
7	11	Jackson, Sherreka	Bowie State	7.86q	1
8	115	Green, Chela	Georgetown	7.89q	1
9	45	Chandler, TaNay	George Mason	7.93q	1
10	291	Wattley, Britney	Morgan State	7.94q	1
11	231	Wade, TeaCarla	Howard	7.96q	3

12	53	Hudson, Chia	George Mason	7.99q	3
13	1	Allen-Davis, John'	Bowie State	8.01	4
14	229	Taylor, Uniqua	Howard	8.18	2
15	21	Wesley, Akia	Bowie State	8.36	4
16	333	Teamer, Alicea	Norfolk State	8.39	2
17	265	McClellan, Ali	Mary Washington	8.46	3

Event 17 Women 60 Meter Dash

	Name	Year	School	Finals	H#
Finals					
1	124	Stoudenmire, Tenil	Georgetown	7.62	1
2	182	McCorory, Francena	Hampton	7.64	1
3	185	Richards, Petrice	Hampton	7.67	1
4	58	McGee, Cierra	George Mason	7.70	1
5	45	Chandler, TaNay	George Mason	7.80	2
6	11	Jackson, Sherreka	Bowie State	7.84	2
7	291	Wattley, Britney	Morgan State	7.88	2
7	129	Wernik, Sarah	Georgetown	7.88	1
9	53	Hudson, Chia	George Mason	7.91	2
10	231	Wade, TeaCarla	Howard	8.02	2
Preliminaries					
3	119	Kimbers, Amanda	Georgetown		
8	115	Green, Chela	Georgetown		
13	1	Allen-Davis, John'	Bowie State		
14	229	Taylor, Uniqua	Howard		
15	21	Wesley, Akia	Bowie State		
16	333	Teamer, Alicea	Norfolk State		
17	265	McClellan, Ali	Mary Washington		

Event 18 Men 60 Meter Dash

	Name	Year	School	Prelims	H#
1	361	Walker, Quinten	Norfolk State	6.89q	1
2	102	Ruffin, Rachaunn	George Mason	6.92q	2
2	386	Boone, Dennis	Unattached	6.92q	4
4	192	Anderson, Aaron	Hampton	6.96q	3
5	196	Brown, Devon	Hampton	6.99q	5
5	336	Ansley, Ramaan	Norfolk State	6.99q	2
7	357	Speller, Thomas	Norfolk State	7.04q	1
8	104	Stith, Justin	George Mason	7.06q	1
8	140	Hunter, Kadeem	Georgetown	7.06q	5
10	134	Crawford, Justin	Georgetown	7.08q	4
11	41	Williams, Darren	Bowie State	7.09q	2

12	250	Penny, Anthony	Howard	7.10q	4
13	395	Bagbey, Marquis	Unattached	7.11	3
13	193	Battle, Justin	Hampton	7.11	3
15	132	Austin, Kamryn	Georgetown	7.13	4
15	248	Odocha, Tochi	Howard	7.13	5
17	152	Suber, Sean	Georgetown	7.16	1
18	274	Piccolo, Daniel	Mary Washington	7.20	3
19	38	Small, Mark	Bowie State	7.29	2
20	296	Cham, Salifu	Morgan State	7.33	4
21	293	Barner, Derrik	Morgan State	7.35	5
22	160	anderson, ian	Hagerstown CC	7.37	2
23	42	Williamson, Rodney	Bowie State	7.48	5

Event 18 Men 60 Meter Dash

		Name	Year School	Finals	H#
Finals					
1	361	Walker, Quinten	Norfolk State	6.83	1
2	192	Anderson, Aaron	Hampton	6.88	1
3	196	Brown, Devon	Hampton	6.91	1
4	357	Speller, Thomas	Norfolk State	6.93	2
5	336	Ansley, Ramaan	Norfolk State	7.02	1
6	140	Hunter, Kadeem	Georgetown	7.05	2
7	134	Crawford, Justin	Georgetown	7.06	2
8	41	Williams, Darren	Bowie State	7.12	2
9	250	Penny, Anthony	Howard	7.14	2
10	104	Stith, Justin	George Mason	7.15	2
Preliminaries					
2	102	Ruffin, Rachaunn	George Mason		
2	386	Boone, Dennis	Unattached		
13	395	Bagbey, Marquis	Unattached		
13	193	Battle, Justin	Hampton		
15	132	Austin, Kamryn	Georgetown		
15	248	Odocha, Tochi	Howard		
17	152	Suber, Sean	Georgetown		
18	274	Piccolo, Daniel	Mary Washington		
19	38	Small, Mark	Bowie State		
20	296	Cham, Salifu	Morgan State		
21	293	Barner, Derrik	Morgan State		
22	160	anderson, ian	Hagerstown CC		
23	42	Williamson, Rodney	Bowie State		

Event 19 Women 1 Mile Run

		Name	Year School	Finals

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Finals

1	363	DiCrescenzo, Delil	Puma/Riadha	4:39.67
2	380	Kimaiyo, Irene	Unattached	4:41.46
3	381	LaBeaud, Natasha	Unattached	4:58.05
4	375	Harvey, Alisa	Unattached	5:06.55
5	121	Ogrodnick, Lise	Georgetown	5:07.80
6	127	Walsh, Amanda	Georgetown	5:09.82
7	218	Hodges, Ashley	Howard	5:15.82
8	123	Sobrinski, Marcie	Georgetown	5:16.85
9	116	Gregory, Meaghan	Georgetown	5:18.88
10	328	Rutto, Kellen	Norfolk State	5:37.37
11	15	Patton, Shamika	Bowie State	5:48.12
12	54	Koob, Caitlin	George Mason	5:54.28
13	2	Butler, Jasmine	Bowie State	5:57.10
14	322	Koech, Mercy	Norfolk State	5:57.13
15	50	Harris, Katherine	George Mason	6:00.68
16	22	Williams, Brittany	Bowie State	6:00.78
17	282	McCollum, Vivian	Morgan State	6:13.34
18	278	Hilts, Jasmine	Morgan State	6:20.71

Event 20 Men 1 Mile Run

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		Name	Year	School	Finals
1	153	Taye, Ayalew		Georgetown	4:15.21
2	135	Dennin, Mark		Georgetown	4:15.23
3	85	Hackett, Everett		George Mason	4:18.28
4	359	Tessema, Josef		Norfolk State	4:19.40
5	142	Lumbar, TC		Georgetown	4:19.62
6	137	Grimes, James		Georgetown	4:21.25
7	78	Burns, James		George Mason	4:23.07
8	100	Reynolds, Robert		George Mason	4:28.84
9	254	Sanders, Thurman		Howard	4:29.11
10	343	George, Kameron		Norfolk State	4:29.42
11	93	McGreal, Andrew		George Mason	4:35.50
12	95	Nafziger, Daniel		George Mason	4:39.27
13	79	Callan, Daniel		George Mason	4:40.09
14	272	Marino, Chris		Mary Washington	4:41.27
14	168	mauck, brandon		Hagerstown CC	4:41.27
16	162	clark, nathanial		Hagerstown CC	4:50.95
17	238	Gentles, Peter		Howard	4:54.83
18	35	Philpot, Josephe		Bowie State	4:57.55
19	33	Montgomery, Damien		Bowie State	5:12.94

Event 21 Women 400 Meter Dash

	Name	Year	School	Finals	H#
1	117 Johnson, Abigail		Georgetown	56.02	1
2	189 Vassell, Racquel		Hampton	57.68	1
3	372 Bell, Champagne		Unattached	58.48	1
4	122 Sanders, Deidra		Georgetown	58.62	1
5	5 Cohen, Melissa		Bowie State	1:00.06	3
6	230 Thomas, Zahra		Howard	1:00.44	2
7	14 Palmer, Michelle		Bowie State	1:00.65	4
8	216 Glover, Symone		Howard	1:00.70	2
9	327 Rhoades, Elaine		Norfolk State	1:00.88	2
10	176 Burrell, Rachel		Hampton	1:01.32	2
11	276 Campbell, Lauren		Morgan State	1:01.38	3
12	115 Green, Chela		Georgetown	1:01.92	4
13	7 Davis, Shayla		Bowie State	1:02.77	2
14	8 Harrison, Brieana		Bowie State	1:03.09	3
15	283 Oliver, Tyshia		Morgan State	1:06.72	3
16	289 Tucker, Naomi		Morgan State	1:09.91	4
--	18 Price, Indya		Bowie State	DQ	4 cut in too soon
--	226 Reid, Abigail		Howard	DQ	3 cut in too soon

Event 22 Men 400 Meter Dash

	Name	Year	School	Finals	H#
1	28 Gallman, Jamin		Bowie State	50.26	1
2	245 Houston, Michael		Howard	50.56	3
3	39 Smothers, Dana		Bowie State	50.68	2
4	154 Taylor, Chris		Georgetown	50.72	3
5	337 Brickhouse, Darryl		Norfolk State	51.27	1
6	32 Lewis, Bryon		Bowie State	51.66	2
7	243 Hill, Brandon		Howard	51.80	2
8	308 Whyte, Carbinere		Morgan State	52.30	2
9	34 Morton, Walter		Bowie State	52.42	1
10	362 Wilson, Travis		Norfolk State	52.50	3
11	306 Robinson, Deandre		Morgan State	52.62	4
12	207 Thomas, Wayne		Hampton	53.17	3
13	155 Tobias, Christian		Georgetown	53.20	3
14	299 Kalil, Zaky		Morgan State	53.28	4
15	270 Lesnewich, Greg		Mary Washington	56.12	4
16	167 lewis, marc		Hagerstown CC	56.14	4

Event 23 Women 500 Meter Dash

	Name	Year	School	Finals	H#

1	70	Swindell, Tiara	George Mason	1:15.01	1
2	287	Sloan, Avionne	Morgan State	1:16.52	1
3	184	Morris, Janean	Hampton	1:17.64	2
4	72	Wise, Maia	George Mason	1:17.99	2
5	281	Kendrick, Tanisha	Morgan State	1:18.19	1
6	330	Sanford, Dania	Norfolk State	1:18.21	1
7	66	Rivers, Latasha	George Mason	1:18.46	3
8	60	McKenzie, Monique	George Mason	1:18.54	2
9	61	Miles, Shantel	George Mason	1:18.84	3
10	326	Pickett, Allyssa	Norfolk State	1:20.29	2
11	288	Smalls, Kamice	Morgan State	1:22.72	2
12	228	Stephens, Brittany	Howard	1:23.38	3
13	188	Taylor, Benita	Hampton	1:24.00	1
14	221	King, Azalia	Howard	1:24.22	3
15	158	valiton, samantha	Hagerstown CC	1:25.36	3
16	232	Wallace, Janelle	Howard	1:25.85	3
--	125	Touchstone, Autumn	Georgetown	DQ	2

Event 24 Men 500 Meter Dash

		Name	Year School	Finals	H#
1	109	Wilson, Kevin	George Mason	1:04.20	1
2	107	Vaughn, Nick	George Mason	1:05.32	1
3	356	Smith, Kenneth	Norfolk State	1:06.52	2
4	149	Perron, Austin	Georgetown	1:06.60	3
5	136	Farley, James	Georgetown	1:06.72	3
6	110	Wyche, Marcus	George Mason	1:06.79	2
7	99	Raphael, Cody	George Mason	1:08.18	4
8	96	Osorio, Gustavo	George Mason	1:08.73	4
9	303	Obiarinze, Jude	Morgan State	1:08.82	2
10	300	Lopez, Jose	Morgan State	1:09.83	3
11	273	Matthiessen, Scott	Mary Washington	1:09.90	4
12	163	dawson, william	Hagerstown CC	1:10.64	4
13	204	Rainey, Cedric	Hampton	1:11.06	1
14	269	Herlihy, Sean	Mary Washington	1:12.36	4
15	106	Troxell, Tom	George Mason	1:15.81	3
--	295	Bowen, Kevin	Morgan State	DQ	2
--	351	Moon, Tyrell	Norfolk State	DQ	2

Event 25 Women 800 Meter Run

		Name	Year School	Finals
1	217	Hardy, Jami	Howard	2:21.13

2	215	Douglas, Danielle	Howard	2:24.93
3	120	McEldrew, Kelly	Georgetown	2:26.30
4	22	Williams, Brittany	Bowie State	2:33.72
5	15	Patton, Shamika	Bowie State	2:34.17
6	289	Tucker, Naomi	Morgan State	2:48.30
7	156	adams, kimmie	Hagerstown CC	2:50.07
8	280	Johnson, Quawnecia	Morgan State	2:54.23
9	382	Lewis, Yvette	Unattached	2:55.48
10	277	Hill, Tendai	Morgan State	3:18.53

Event 26 Men 800 Meter Run

		Name	Year	School	Finals
1	141	Leyh, Dan		Georgetown	1:54.80
2	139	Hencke, Brian		Georgetown	1:55.20
3	258	Williams, Richard		Howard	1:55.70
4	147	Murto, Michael		Georgetown	1:56.00
5	74	Bailey, Matthew		George Mason	1:56.30
6	338	Brown, Vincent		Norfolk State	1:56.80
7	93	McGreal, Andrew		George Mason	1:57.20
8	236	Franklin, Jerod		Howard	2:02.25
9	88	Hawthorne, Spencer		George Mason	2:05.93
10	306	Robinson, Deandre		Morgan State	2:12.96
10	195	Brown, Bryan		Hampton	2:12.96
12	298	Higgs, Jordan		Morgan State	2:19.43

Event 27 Women 1000 Meter Run

		Name	Year	School	Finals
1	377	Infield, Maggie		Unattached	2:51.01
2	385	Ogrodnick, Avril		Unattached	2:53.01
3	112	Borduin, Lauren		Georgetown	2:57.63
4	68	Sinclair, Laura		George Mason	3:01.30
5	310	Chichester, Jennif		Norfolk State	3:05.67
6	62	Moss, Kimberly		George Mason	3:10.72
7	218	Hodges, Ashley		Howard	3:12.85
8	318	Hutto, Jamia		Norfolk State	3:13.33
9	48	Fickel, Samantha		George Mason	3:13.74
10	55	Linley, Safiya		George Mason	3:14.57
11	324	Miles, Tia		Norfolk State	3:20.61
12	314	Gee, Syeeda		Norfolk State	3:22.54
13	286	Savage, Jasmine		Morgan State	3:30.92
14	282	McCollum, Vivian		Morgan State	3:37.75
15	278	Hilts, Jasmine		Morgan State	3:39.61

Event 28 Men 1000 Meter Run

	Name	Year	School	Finals
1	144 Mason, Alex		Georgetown	2:28.60
2	133 Bean, Alex		Georgetown	2:28.74
3	91 Horn, Sam		George Mason	2:29.23
4	92 LaMastro, Anthony		George Mason	2:29.55
5	391 Sorensen, Dylan		Unattached	2:29.63
6	200 Fraction, Xavier		Hampton	2:29.65
7	98 Pachella, Michael		George Mason	2:29.98
8	151 Rosanelli, Cabel		Georgetown	2:32.01
9	77 Boudreau, Parker		George Mason	2:32.79
10	100 Reynolds, Robert		George Mason	2:35.76
11	85 Hackett, Everett		George Mason	2:35.77
12	80 Carrington, Chris		George Mason	2:41.47
13	84 Golden, Tyler		George Mason	2:41.93
14	194 Brown, Bradley		Hampton	2:42.98
15	79 Callan, Daniel		George Mason	2:43.72
16	249 Peeples, Regis		Howard	2:44.93

Event 29 Women 200 Meter Dash

	Name	Year	School	Finals	H#
1	182 McCorory, Francena		Hampton	25.10	1
2	117 Johnson, Abigail		Georgetown	25.37	2
3	185 Richards, Petrice		Hampton	25.54	1
4	311 Claiborne, Shannek		Norfolk State	25.68	1
5	53 Hudson, Chia		George Mason	26.16	2
6	285 Robinson, Jamia		Morgan State	26.28	2
7	226 Reid, Abigail		Howard	26.35	4
8	122 Sanders, Deidra		Georgetown	26.41	4
9	313 Flowers, Tierra		Norfolk State	26.44	3
10	1 Allen-Davis, John'		Bowie State	26.55	5
11	181 Lee, Kayla		Hampton	26.87	2
12	126 Tyson, Sierah		Georgetown	26.96	3
13	18 Price, Indya		Bowie State	27.05	4
14	229 Taylor, Uniqua		Howard	27.34	3
15	5 Cohen, Melissa		Bowie State	27.37	5
16	317 Hite, Alaina		Norfolk State	27.67	4
17	7 Davis, Shayla		Bowie State	27.87	5
18	13 O'Connor, Symone		Bowie State	28.34	4
19	265 McClellan, Ali		Mary Washington	28.39	5
20	6 Davis, Myriah		Bowie State	28.55	5

Event 30 Men 200 Meter Dash

	Name	Year	School	Finals	H#
1	357 Speller, Thomas		Norfolk State	22.03	1
2	361 Walker, Quinten		Norfolk State	22.08	1
3	248 Odocha, Tochi		Howard	22.83	3
4	75 Baker-Johnson, Tra		George Mason	22.94	2
5	193 Battle, Justin		Hampton	22.95	2
6	38 Small, Mark		Bowie State	23.04	2
7	134 Crawford, Justin		Georgetown	23.26	1
8	148 Okengwu, Biyerem		Georgetown	23.32	4
9	41 Williams, Darren		Bowie State	23.34	4
10	201 Johnson, Jamal		Hampton	23.35	4
11	250 Penny, Anthony		Howard	23.39	1
12	303 Obiarinze, Jude		Morgan State	23.47	2
13	273 Matthiessen, Scott		Mary Washington	23.71	4
14	274 Piccolo, Daniel		Mary Washington	23.74	5
15	350 Massenburg, Aramis		Norfolk State	23.82	2
16	42 Williamson, Rodney		Bowie State	23.98	5
17	304 Redfearn, Wesley		Morgan State	24.27	3
18	160 anderson, ian		Hagerstown CC	24.40	5
19	247 Miles, Justin		Howard	25.41	5
20	270 Lesnewich, Greg		Mary Washington	25.44	5
--	196 Brown, Devon		Hampton	DQ	1 multiple steps on la
--	24 Bailey, William		Bowie State	DQ	3 multiple steps on la

Event 31 Women 3000 Meter Run

	Name	Year	School	Finals
1	364 Anderson, Kristin		Riadha	9:40.28
2	114 Gallo, Laura		Georgetown	10:31.02
3	187 Smith, Jahlisa		Hampton	10:42.57
4	173 Branch, Jasmin		Hampton	10:47.73
5	331 Scott, Aurora		Norfolk State	10:48.78
6	260 Dawes, Sarah		Mary Washington	10:51.40
7	56 Lockie, Kailyn		George Mason	11:20.05
8	171 Arrington, Tyreka		Hampton	11:32.40
9	266 Sands, Michaela		Mary Washington	11:49.17
10	69 Smith, Elizabeth		George Mason	11:50.49
11	159 wisz, jamie		Hagerstown CC	12:16.21
12	262 Hess, Ashley		Mary Washington	12:53.10
--	363 DiCrescenzo, Delil		Puma/Riadha	DNF
--	286 Savage, Jasmine		Morgan State	DNF

Event 32 Men 3000 Meter Run

		Name	Year	School	Finals
1	150	Roberts, Sandy		Georgetown	8:19.11
2	145	Miller, Levi		Georgetown	8:24.86
3	398	Peavey, Bobby		Georgetown	8:29.18
4	348	Kimutai, Philemon		Norfolk State	8:30.00
5	388	Furcht, Ben		Unattached	8:32.49
6	349	Kiposqei, Amos		Norfolk State	8:57.30
7	390	McGann, Bobby		Unattached	9:00.12
8	302	Mutai, Kipkorir-Da		Morgan State	9:03.43
9	78	Burns, James		George Mason	9:06.72
10	254	Sanders, Thurman		Howard	9:17.17
11	169	miller, wade		Hagerstown CC	9:17.55
12	161	centofonti, corey		Hagerstown CC	9:24.46
13	198	Davenport, Michael		Hampton	9:30.71
14	272	Marino, Chris		Mary Washington	9:31.17
15	165	ferrario, reo		Hagerstown CC	10:04.04
16	267	Carolus-Hager, Sam		Mary Washington	10:07.97
17	40	Wallace, Michael		Bowie State	10:44.08

Event 33 Women 4x400 Meter Relay

	School	Finals	H#
1	Hampton 'A'	3:53.21	1
2	George Mason 'A'	3:54.52	1
3	Howard 'A'	3:59.33	1
4	Norfolk State 'A'	4:01.77	1
5	Morgan State 'A'	4:01.93	1
6	Hampton 'B'	4:06.05	2
7	Bowie State 'A'	4:12.18	2
8	Bowie State 'B'	4:15.05	2

Event 34 Men 4x400 Meter Relay

	School	Finals	H#
1	Norfolk State 'A'	3:17.21	1
2	Pierce Track Club 'A'	3:20.05	1
3	Hampton 'A'	3:24.04	1
4	Morgan State 'A'	3:24.39	2
5	Howard 'A'	3:25.55	1
6	Norfolk State 'B'	3:25.97	2
7	Georgetown 'A'	3:26.79	1

8	Georgetown 'B'	3:27.10	3	
9	George Mason 'B'	3:27.66	2	
10	Bowie State 'C'	3:30.31	3	
11	George Mason 'D'	3:34.08	3	
12	George Mason 'C'	3:34.27	3	
13	Hagerstown CC 'A'	3:48.35	3	
--	Morgan State 'B'	DNF	2	
--	George Mason 'A'	DQ	1	foot runs on inside