Potomac Relays - 04/04/2009
The Potomac School, McLean, VA

Varsity Girls 4x800 Meter Relay

	Team	Finals	Points
1	Georgetown Visitation	10:19.70	10
2	Potomac School	10:28.77	8
3	Mercersburg Academy	10:35.48	6
4	Holton Arms	10:44.71	5
5	National Cathedral	11:25.30	4
6	Flint Hill	11:45.12	3
7	Holy Child	11:55.15	2
8	Stone Ridge	12:02.38	1
9	Potomac School	12:08.31	--
10	Georgetown Day School	12:12.03	--
11	Madeira	12:53.06	--

Varsity Boys 4x800 Meter Relay

	Team	Finals	Points
1	Potomac School	8:52.84	10
2	St. Alban's	8:56.58	8
3	Maret	8:58.91	6
4	Georgetown Day School	9:03.20	5
5	Flint Hill	9:11.48	4
6	Mercersburg Academy	9:27.55	3
7	Edmund Burke	9:28.23	2
8	Heights School	9:30.58	1

Varsity Girls 4x200 Meter Relay

	Team	Finals	Points
1	St. Stephen's and St. Agnes	1:49.27	10
2	Georgetown Visitation	1:50.78	8

3	Holton Arms	1:53.85	6
4	Flint Hill	2:00.57	5
5	Stone Ridge	2:01.03	4
6	National Cathedral	2:04.43	3
7	Georgetown Day School	2:07.41	2
8	Flint Hill	2:08.70	1
9	Georgetown Day School	2:12.33	--
10	Mercersburg Academy	2:13.09	--
11	Madeira	2:20.82	--
12	Stone Ridge	2:23.89	--
DQ	Potomac School		--

Varsity Boys 4x200 Meter Relay

	Team	Finals	Points
1	St. Stephen's and St. Agnes	1:36.49	10
2	Flint Hill	1:38.93	8
3	Georgetown Day School	1:40.04	6
4	Maret	1:40.38	5
5	Flint Hill	1:43.40	4
6	Mercersburg Academy	1:43.44	3
7	St. Alban's	1:43.55	2
8	Maret	1:50.40	1
9	Georgetown Day School	1:51.95	--
10	Potomac School	1:53.09	--

Varsity Girls Distance Medley Relay

	Team	Finals	Points
1	Georgetown Visitation	13:22.00	10
2	National Cathedral	13:25.10	8
3	Potomac School	14:05.74	6
4	Holton Arms	14:18.87	5
5	Stone Ridge	14:21.92	4
6	Georgetown Day School	14:56.07	3
7	Holy Child	15:22.50	2
8	Flint Hill	15:53.77	1
9	Potomac School	16:17.79	--
10	Madeira	16:32.67	--
DNF	Mercersburg Academy		--

Varsity Boys Distance Medley Relay

	Team	Finals	Points
1	Georgetown Day School	11:25.16	10
2	St. Alban's	11:27.95	8
3	Potomac School	11:43.80	6
4	Mercersburg Academy	11:58.86	5
5	St. Stephen's and St. Agnes	12:10.97	4
6	Heights School	12:16.17	3
7	Maret	12:27.34	2
8	Edmund Burke	12:41.32	1
9	Flint Hill	12:52.86	--

Varsity Girls 4x100 Meter Relay

	Team	Finals	Points
1	St. Stephen's and St. Agnes	51.15	10
2	Georgetown Visitation	52.00	8
3	Holton Arms	53.74	6
4	Potomac School	54.61	5
5	National Cathedral	55.49	4
6	Flint Hill	56.51	3
7	Georgetown Day School	58.12	2
8	Flint Hill	1:00.12	1
9	Stone Ridge	1:00.77	--
DQ	Madeira	--	

Varsity Boys 4x100 Meter Relay

	Team	Finals	Points
1	Georgetown Day School	45.67	10
2	St. Stephen's and St. Agnes	46.37	8
3	Mercersburg Academy	46.56	6
4	Potomac School	46.94	5
5	St. Alban's	48.34	4
6	Flint Hill	48.93	3
7	Potomac School	54.59	2
DQ	Georgetown Day School	--	
DNF	Flint Hill	--	

Varsity Girls Mile Medley Relay

	Team	Finals	Points
1	Stone Ridge	4:34.93	10
2	Georgetown Visitation	4:37.07	8
3	Potomac School	4:45.13	6
4	National Cathedral	4:47.14	5
5	Holton Arms	4:57.28	4
6	Holton Arms	4:58.35	3
7	Flint Hill	5:00.89	2
8	St. Stephen's and St. Agnes	5:02.27	1
9	Maret	5:08.35	--
10	Mercersburg Academy	5:14.50	--
11	Stone Ridge	5:29.70	--
12	Madeira	5:39.72	--
13	Georgetown Day School	5:51.40	--

Varsity Boys Mile Medley Relay

	Team	Finals	Points
1	Mercersburg Academy	3:44.93	10
2	St. Alban's	3:52.79	8
3	St. Stephen's and St. Agnes	3:53.95	6
4	Maret	3:56.65	5
5	Flint Hill	4:12.62	4
6	Georgetown Day School	4:13.48	3
7	Georgetown Day School	4:18.93	2
8	Heights School	4:23.38	1
9	Edmund Burke	4:24.38	--
10	Flint Hill	4:24.64	--
11	Potomac School	4:28.83	--

Varsity Girls 800 Meter Sprint Medley Relay

	Team	Finals	Points
1	Georgetown Visitation	2:01.23	10
2	Flint Hill	2:01.57	8
3	St. Stephen's and St. Agnes	2:07.50	6
4	Potomac School	2:08.33	5
5	Mercersburg Academy	2:09.15	4
6	National Cathedral	2:12.61	3

7	Maret	2:12.63	2
8	Flint Hill	2:13.32	1
9	Stone Ridge	2:16.19	--
10	Madeira	2:16.99	--
11	Georgetown Day School	2:19.11	--
12	Stone Ridge	2:20.15	--
13	Holton Arms	2:20.86	--
DQ	Holton Arms	DQ	--

Varsity Boys 800 Meter Sprint Medley Relay

	Team	Finals	Points
1	Flint Hill	1:40.17	10
2	Georgetown Day School	1:42.78	8
3	Potomac School	1:49.10	6
4	Flint Hill	1:49.37	5
5	Georgetown Day School	1:49.63	4
6	St. Stephen's and St. Agnes	1:50.52	3
DQ	St. Alban's	--	

Varsity Girls 4x400 Meter Relay

	Team	Finals	Points
1	Georgetown Visitation	4:26.59	10
2	Potomac School	4:29.29	8
3	Georgetown Day School	4:29.34	6
4	St. Stephen's and St. Agnes	4:29.87	5
5	Holton Arms	4:33.77	4
6	National Cathedral	4:35.45	3
7	Stone Ridge	5:12.01	2
8	Madeira	5:14.19	1

Varsity Boys 4x400 Meter Relay

	Team	Finals	Points
1	Potomac School	3:39.39	10
2	St. Alban's	3:40.71	8
3	Georgetown Day School	3:46.93	6
4	Flint Hill	3:53.38	5
5	Edmund Burke	4:02.62	4

6 St. Stephen's and St. Agnes 4:04.75 3

Varsity Girls Long Jump Relay

	Name	Year	Team	Finals	Points
1	Holton Arms, "A"		Holton Arms	30' 1.5"	10
2	Stone Ridge, "A"		Stone Ridge	29' 1"	8
3	Potomac School, "A"		Potomac School	28' 11.5"	6
4	Flint Hill, "A"		Flint Hill	26' 7.75"	5
5	Georgetown Day Schoo		Georgetown Day Schoo	24' 7.5"	4

Varsity Boys Long Jump Relay

	Name	Year	Team	Finals	Points
1	Potomac School, "A"		Potomac School	38' 9.5"	10
2	St. Alban's, "A"		St. Alban's	37' 4.5"	8
3	Maret, "A"		Maret	35' 1.5"	6
4	St. Stephen's and St		St. Stephen's and St	31' 9"	5
5	Flint Hill, "A"		Flint Hill	29' 11.75"	4
6	Georgetown Day Schoo		Georgetown Day Schoo	18' 0.5"	3
7	Mercersburg Academy,		Mercersburg Academy	17' 1"	2

Varsity Girls Triple Jump Relay

	Name	Year	Team	Finals	Points
1	Potomac School, "A"		Potomac School	61' 4.5"	10
2	Georgetown Visitatio		Georgetown Visitatio	60' 7.75"	8
3	Holton Arms, "A"		Holton Arms	59' 7"	6
4	Flint Hill, "A"		Flint Hill	54' 2"	5
5	St. Stephen's and St		St. Stephen's and St	29' 0.5"	4

Varsity Boys Triple Jump Relay

	Name	Year	Team	Finals	Points
1	St. Alban's, "A"		St. Alban's	77' 4"	10
2	Potomac School, "A"		Potomac School	77' 2.25"	8
3	Georgetown Day Schoo		Georgetown Day Schoo	75' 8"	6
4	Mercersburg Academy,		Mercersburg Academy	71' 3.5"	5

5 St. Stephen's and St St. Stephen's and St 68' 5.5" 4
6 Flint Hill, "A" Flint Hill 51' 9.5" 3
7 Maret, "A" Maret 32' 10.5" 2

Varsity Girls Shot Put Relay

	Name	Year Team	Finals	Points
1	Holton Arms, "A"	Holton Arms	49' 9.5"	10
2	Stone Ridge, "A"	Stone Ridge	48' 10"	8
3	Mercersburg Academy,	Mercersburg Academy	48' 6.75"	6
4	Georgetown Day Schoo	Georgetown Day Schoo	48' 1.75"	5
5	Potomac School, "A"	Potomac School	46' 10.75"	4
6	Flint Hill, "A"	Flint Hill	44' 9.75"	3
7	Madeira, "A"	Madeira	42' 10.5"	2
8	National Cathedral,	National Cathedral	36' 1"	1

Varsity Boys Shot Put Relay

	Name	Year Team	Finals	Points
1	St. Alban's, "A"	St. Alban's	81' 1.75"	10
2	Maret, "A"	Maret	74' 8.25"	8
3	Flint Hill, "A"	Flint Hill	67' 5.5"	6
4	Potomac School, "A"	Potomac School	65' 5.75"	5
5	Edmund Burke, "A"	Edmund Burke	64' 4"	4
6	Georgetown Day Schoo	Georgetown Day Schoo	60' 9"	3

Varsity Girls Discus Throw Relay

	Name	Year Team	Finals	Points
1	Mercersburg Academy,	Mercersburg Academy	165' 11"	10
2	Potomac School, "A"	Potomac School	155' 6"	8
3	Holton Arms, "A"	Holton Arms	151' 4"	6
4	Madeira, "A"	Madeira	106' 8"	5
5	Georgetown Day Schoo	Georgetown Day Schoo	95' 3"	4
6	National Cathedral,	National Cathedral	94' 5"	2.5
6	Flint Hill, "A"	Flint Hill	94' 5"	2.5

Varsity Boys Discus Throw Relay

	Name	Year Team	Finals	Points
1	Georgetown Day Schoo	Georgetown Day Schoo	185' 0"	10
2	St. Alban's, "A"	St. Alban's	183' 10"	8
3	Mercersburg Academy,	Mercersburg Academy	156' 7"	6
4	Heights School, "A"	Heights School	152' 11"	5
5	Flint Hill, "A"	Flint Hill	152' 10"	4
6	Maret, "A"	Maret	150' 6"	3
7	Potomac School, "A"	Potomac School	143' 4"	2

Varsity Girls High Jump Relay

	Name	Year Team	Finals	Points
1	Holton Arms, "A"	Holton Arms	9' 0"	10
2	National Cathedral,	National Cathedral	8' 8"	8
2	Potomac School, "A"	Potomac School	8' 8"	6
2	Mercersburg Academy,	Mercersburg Academy	8' 8"	5
5	Georgetown Visitatio	Georgetown Visitatio	8' 6"	4
6	Stone Ridge, "A"	Stone Ridge	8' 0"	3
7	Maret, "A"	Maret	7' 4"	2
8	Flint Hill, "A"	Flint Hill	4' 2"	1

Varsity Boys High Jump Relay

	Name	Year Team	Finals	Points
1	Georgetown Day Schoo	Georgetown Day Schoo	11' 0"	10
2	St. Alban's, "A"	St. Alban's	10' 10"	8
2	Mercersburg Academy,	Mercersburg Academy	10' 10"	6
4	Flint Hill, "A"	Flint Hill	10' 6"	5
4	Potomac School, "A"	Potomac School	10' 6"	4

Varsity Girls Team Scores (All Events Completed)

1)	Georgetown Visitation	76
2)	Holton Arms	75
3)	Potomac School	72
4)	National Cathedral	41.5
5)	Flint Hill	41.5
6)	Stone Ridge	40
7)	St. Stephen's and St. Agnes	36
8)	Mercersburg Academy	31

9) Georgetown Day School 26
10) Madeira 8
11) Holy Child 4
11) Maret 4

Varsity Boys Team Scores (All Events Completed)
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1) Georgetown Day School 86
2) St. Alban's 82
3) Potomac School 68
4) Flint Hill 65
5) Mercersburg Academy 46
6) St. Stephen's and St. Agnes 43
7) Maret 38
8) Edmund Burke 11
9) Heights School 10