The Kenyan now living in Bel Air looks to regain old form that made him one of the best junior runners in the world.

Back in June only a few people had heard of a runner named Daniel Too. Most of the runners that were getting on the starting line at the Bel Air Town Run 5K were eyeing the locals that usually participated in local running events. But once the gun went off and Too seperated himself from the field after 800 meters, everyone was asking who this guy was.

Too went on to win that race in an eye-popping 14:44.2 and when looking into his background as a world class runner that time was not even close to his best.

This past weekend, Too destroyed the field at the Twilight Rockville Rotary 8K with an even more stunning 23:52.7 time which comes out to approximately 4:46.2 per mile pace.

Too, originally from Kenya, was once a member of the Kenyan junior national team and competed in the world championships. Too has personal best times of 13:38 for a track 5K and 2:09:59 for the full marathon. But now he is rounding himself back into shape for a run at improving those times.

Murray Davis is his coach, agent and landlord. Davis, who was the head coach at CM Wright high school and UMBC is now the proprietor behind Performance Resources, a full service coaching resource for endurance athletes.

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